Retardation effects due to overloads in aluminiumalloy aeronautical components

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ABSTRACT Fatigue data are generally derived under constant-amplitude loading conditions, but aircraft components are subjected to variable-amplitude loading. Without interaction effects, caused by overloads and underloads intermingled in a loading sequence, it could be relatively easy to establish a crack growth curve by means of a cycle-by-cycle integration. However, load-spectrum effects largely complicate a crack growth under variableamplitude cycling. In this paper, fatigue crack growth behaviour of aeronautical aluminium alloy 2024-T3 was studied. Effects of various loading conditions such as stress ratio and amplitude loadings were investigated. In particular, the effect of different overloads on the fatigue crack growth was simulated using Zencrack code. Preliminary analyses on Compact Tension (CT) specimens proved that the numerical results generated were in agreement with the results provided by an AFGROW code for the same conditions. A case study was carried out on a helicopter component, undergoing repeated overloads, to compare numerical results obtained implementing *yield zone models* in Zencrack.

Keywords fatigue crack propagation; FEM; load spectrum effects; yield zone model.

NOMENCLATURE $a = \operatorname{crack} \operatorname{size}$ a_i = crack length at step iA = coefficient for plane-strain or generalised plane-stress conditionsB = thickness of the CT specimen c_{po} = length of plastic zone produced by an overload stress σ_0 C_o, n, m = fatigue material constants da/dN = crack propagation rate E = Young's modulus G = energy release rate G_{eq} = equivalent energy release rate K_{I}, K_{II} and K_{III} = opening, sliding and tearing stress intensity factors (SIFs) $K_{\max, req}$ = virtual stress intensity factor K_{max}^{o} = SIF corresponding to the overload $K_{max,i}$ = current maximum SIF of the cycle *i* $K_{min,i}$ = current minimum SIF of the cycle *i* K_{ul} = underload stress intensity factor N = number of fatigue cycles P = loadR = stress ratio $R_{eff,i}$ = effective R ratio R_{ol} = overload ratio R_{SO} = shut-off ratio W = width of the CT specimen α = plastic constraint factor

- $\Delta a = \operatorname{crack} \operatorname{advance}$
- $\Delta K = \text{SIF range}$
 - θ = crack propagation direction
- v = Poisson's ratio
- σ_{RES} = residual stress
- σ_Y = yield stress
- σ_0 = overload stress
- ϕ = numerical factor
- ω_{ol} = plastic radius corresponding to the overload
- ω_p = plastic zone that reaches the boundary of the plastic zone ω_{ol}

INTRODUCTION

During an operational lifetime, failures of structural components may occur. These generally yield enormous economic costs and, sometimes, in worst-case scenarios, even a loss of human lives. Frequently, such damage events originate from initial flaws introduced during a manufacturing process, material failures, inappropriate fatigue-strength calculations, a lack of maintenance and others. Beginning from already existing or newly generated flaws, widespread fatigue damage can occur because of service loads,¹⁻⁴ with consequent reduction in component residual strength.^{5,6} Finally, functionality of structures and components can be impaired with the already mentioned consequences. Hence, in case of existing damage events, it is of the uttermost importance to analyse them fundamentally in order to obtain valuable information useful for structural improvements and repairs. Therefore, the knowledge about global and local loadings, relevant material parameters, and initiation and growth of cracks under various general loading situations is essential: it can be obtained with full scale^{2,7,8} or reduced scale experimental tests,⁹ but with inherent high levels of costs that not always can be stood, consequently asking for alternative numerical approaches. The development of fatigue crack growth (FCG) processes can be reconstructed by means of fracture mechanics. Therefore, it is possible to improve the strength and fracturesafe design of structures and components. FCG in structural components, subjected to variable amplitude loading, is a complex subject. Analysis of an FCG rate and fatigue life calculation under a spectrum loading is vital in life prediction for engineering structures to guarantee high-reliability levels.¹⁰ The ability to understand and predict fatigue life remains a key technical factor in maintaining aircraft fleets, which are required to operate safely during their design lives, and, sometimes, beyond.

Load spectra applied to aircrafts during their operational life are complex and highly variable, and experience has shown that traditional fatigue prediction tools do not always perform well in calculating the lives of modern, highly optimised airframes.

This study was performed to address simulation of the so-called retardation effects in fatigue crack propagation, caused by plasticity-induced crack closure that may arise in variable loading condition such as overloads. If a stress intensity factor at the crack tip overcomes the threshold value, the crack propagation is initiated (i.e. stable crack growth), and this can eventually lead to final failure. Once the crack accomplishes regime II and enters into regime III, there is a rapid crack growth, not even leaving a sufficient time for replacement of the component. A possible solution is to implement retardation of the crack propagation before reaching regime II. This delay could allow a sufficient time for a component to get replaced and to minimise operating costs. As well known, application of an overload spike during constant cyclic loading implies a decrease in the crack growth rate because of plasticity-induced crack closure.

The main aim of this research was the assessment of FCG retardation laws into a numerical tool, Zencrack commercial software,¹¹ based on an adaptive remeshing method. This software, with the newly enhanced variable amplitude loading capability, enables the selection of the most appropriate models and allows more realistic damage tolerance studies to be performed in three-dimensional (3D) components under complex-spectrum loading conditions.

FRACTURE MECHANICS STUDY

Numerical modelling of a 3D fatigue crack growth under mixed mode conditions¹² represents a crucial factor in fracture mechanics in order to assess residual life of components. This numerical study is based on finite element (FE) analyses using an adaptive remeshing approach, available in the commercial code Zencrack, for automated 3D remeshing and crack propagation calculations, along with Abaqus, as an FE solver.¹³ Zencrack is a 3D crack analysis tool capable to read an uncracked FE model and to produce a cracked FE model. Stress intensity factors are then calculated automatically from the results of the cracked FE analysis. Furthermore, a crack growth can be undertaken by extending the crack surface. An updated FE model is then created and run to simulate the crack growth (Fig. 1).

As an alternative to the previously mentioned fully Finite Element Method (FEM)-based approach, a hybrid FEM-Dual Boundary Element Method (DBEM)¹⁴ approach could be adopted for such kind of problems.

It is well known that linear-elastic fracture mechanics provides a method for describing a stress state at a crack front. Three modes of local crack behaviour are used to define the opening, sliding and tearing stress intensity factors K_I , K_{II} and K_{III} , respectively. These can be combined to obtain an equivalent energy release rate term, G_{eq} :



Fig. 1 Flow chart for crack growth prediction analysis. FE, finite element.

$$G_{eq} = \frac{1}{\overline{E}} \left(K_I^2 + K_{II}^2 \right) + \frac{1}{2G} K_{III}^2, \tag{1}$$

where $\overline{E} = E/(1 - v^2)$ for plane-strain problems. In order to determine new crack front positions, a crack propagation direction must be computed. Although expressions exist to calculate a crack growth angle based upon the stress intensity factors, Zencrack adopts an alternative method based on the maximum energy release rate at a crack front point. The *G* criterion states that a crack will grow in the direction of the maximum energy release rate. The crack propagation direction, $\theta = \theta_o$, is then determined by the following:

$$\left(\frac{dG}{d\theta}\right)_{\theta=\theta_0} = 0; \left(\frac{d^2G}{d\theta^2}\right)_{\theta=\theta_0} \le 0.$$
 (2)

Application of a series of virtual crack extensions ultimately generates a growth angle at the crack front node that, in the general case, may be out of plane.

MODELS FOR PREDICTING CRACK GROWTH UNDER VARIABLE-AMPLITUDE LOADING

Introduction

The concepts for predicting the crack growth and the life estimation under variable-amplitude loading are, in gen-



Fig. 2 Determination of effective stress intensity factor in Willenborg model.



Fig. 3 Crack retardation model proposed by Wheeler.

eral, divided into two different kinds of analyses: global and cycle by cycle.

In the global models, a fatigue crack growth is predicted by accounting for a simultaneous effect of the global loading cycles. The global analyses models are based on a statistical description of the load spectrum. The aim of these models is to calculate only one cyclic stress intensity factor from the whole load spectrum, which can be used in order to characterise the crack growth adequately. For instance, the global analysis concept can predict the FCG, considering an average of the applied loading cycles.

The cycle-by-cycle analysis, used in this study, evaluates each cycle separately, and by accumulation of the separate analyses, the overall analysis is performed. The models, considering the interaction effects, can be divided into three main categories: yield zone models, crack closure models and strip yield models. Only the yield zone models and crack closure models were considered in this study, and a brief description of these models is introduced in this section.

Table 1 Spectrum sequence and applied loads

	Load spectrum 1	Load spectrum 2
Spectrum sequence	1000	100
in cycles		
R ratio	0.1	0.5
R ratio with overload	0.05	0.29
Maximum load (N)	3600	3600
Minimum load (N)	360	1800
Maximum overload (N)	7200	6264

Because the retardation models are less conservative than those not using them at all, care should be paid to the accuracy of the adopted approaches, which must be rigorously validated by experimental tests and crosschecks with different code implementations.

Yield zone models

In the category of the yield zone schemes, recent models attribute a load interaction effect to plasticity-induced crack closure. Retardation models developed by Willenborg¹⁵ and Wheeler¹⁶ are based on the premise that residual stresses in front of the crack tip influence the crack growth rate and are applied by many authors, for example, Pereira *et al.*,¹⁷ whereas alternative approaches, for example, based on the *Unified Approach* by Vasudevan, can be seen in Carlone *et al.*,¹⁸ Citarella *et al.*,²⁰ Carlone *et al.*,²¹ Citarella *et al.*,²² and Citarella *et al.*,²³.

Willenborg's models

Basic Willenborg model assumes that the application of an overload determines residual stresses σ_{RES} . These



Fig. 4 Load spectrum 2 with overloads repeated every 100 cycles. [Colour figure can be viewed at wileyonlinelibrary.com]

residual stresses depend on the current loading, the crack growth within the plastic zone and the overload magnitude. To consider the residual stresses, a virtual stress intensity factor

$$K_{\max,req} = K_{\max}^{ol} \sqrt{1 - \frac{\Delta a}{\omega_{ol}}}$$
(3)



Fig. 5 ASTERIX load spectrum.



Fig. 6 CT specimen used for analysis: (a) isometric sketch; (b) numerical model; and effect of Poisson's ratio (ν) on crack shape (yellow area): (c) $\nu = 0.0$ and (d) $\nu = 0.33$. [Colour figure can be viewed at wileyonlinelibrary.com]

is used. Here, K_{max}^{al} is the stress intensity factor corresponding to the overload, Δa is the crack advance and ω_{al} is the plastic radius corresponding to the overload (Fig. 2). This factor is necessary in order to create a plastic zone of the size

 Table 2 Characteristic dimensions of CT specimen

Width W (mm)	40
Thickness <i>B</i> (mm)	6.05
Crack length <i>A</i> (mm)	15.7

$$\omega_p = \frac{\pi}{8} \left(\frac{K_{\max, req}}{\alpha \sigma_Y} \right)^2 \tag{4}$$

that reaches the boundary of the plastic zone ω_{ol} created by the overload (Fig. 2). The plastic constraints factor α ranges between 1.15 for plane stress and 2.55 for plane strain.

The calculated overload effects are different in the considering plane stress rather than plane-strain effects, because the plastic constraint factor α changes accordingly in Eq. (4). When the specimen's thickness is high



Fig. 7 Results for load spectrum 1: (a) crack growth trend with zero Poisson's ratio and (b) effect of different Poisson's ratios on crack growth. FE, finite element. [Colour figure can be viewed at wileyonlinelibrary.com]

in comparison with other characteristic sizes (crack length, specimen width and so on), it is possible to assume a single-stress state along the crack front and, in particular, a plane-strain condition because the inherent approximations are relegated to a very limited part of the crack front, in the vicinity of crack breakthrough points. On the contrary, for thin specimens, the planestress hypothesis is well suited.

The difference between the virtual stress intensity factor $K_{max,req}$ and the current maximum stress intensity factor $K_{max,i}$ of the following cycle *i* is defined as residual stress intensity factor K_R . The retardation effect is a consequence of the reduction of the stress intensity factors $K_{max,i}$ and $K_{min,i}$ in relation to K_R and results in the effective cyclic stress intensity factor:

$$\Delta K_{eff,i} = \Delta K_i \text{ for } K_{\max,eff,i} > 0 \text{ and } K_{\min,eff,i} > 0,$$

$$\Delta K_{eff,i} = \cdot K_{\max,eff,i} \text{ for } K_{\min,eff,i} \leq 0,$$
(5)

 $\Delta K_{eff,i} = 0$ for $K_{\max,eff,i} \leq 0$



Fig. 8 Crack growth trend with zero Poisson's ratio (load spectrum 2). FE, finite element. [Colour figure can be viewed at wileyonlinelibrary. com]



Fig. 9 Load spectrum 2. Effect of different Poisson's ratios on crack growth. [Colour figure can be viewed at wileyonlinelibrary.com]

and the effective R ratio

$$R_{eff,i} = \frac{K_{\min,eff,i}}{K_{\max,eff,i}}.$$
(6)

The retardation effect is extinguished when the current plastic zone (dark grey in Fig. 2) reaches the boundary of the overload plastic zone (light grey). A disadvantage of this model is that already at an overload ratio $R_{ol} = K_{ol}/K_{max} = 2$ crack arrest is predicted. Due to this fact, this model is improved in the 'generalised

Willenborg model' and implemented in NASGRO. The stress intensity factor
$$K_R$$
 is multiplied there by a factor:

$$\varphi = \frac{1 - \frac{\Delta K_{tb}}{\Delta K}}{(R_{so} - 1)},\tag{7}$$

so that the real shut-off ratio R_{SO} as well as the ratio of the threshold value ΔK_{tb} and the cyclic stress intensity factor ΔK are taken into account.



Fig. 10 Crack growth trend with zero Poisson's ratio (ASTERIX load spectrum). FE, finite element. [Colour figure can be viewed at wileyonlinelibrary.com]



Fig. 11 Crack growth trend with zero Poisson's ratio (load spectrum 1). FE, finite element. [Colour figure can be viewed at wileyonlinelibrary. com]

In order to consider the reduction of retardation effects due to underloads, the modified Willenborg model (*generalised Willenborg*) was developed by Brussat and implemented in the AFGROW and NASGRO codes. Both methods are also implemented in Zencrack. The factor ϕ is now given by the following:

$$\phi = 2.523 \phi_0 / \left[1.0 + 3.5 (0.25 - R_{ul})^{0.6} \right] \text{ if } R_{ul} = \frac{K_{ul}}{K_{ol}}$$

< 0.25, (8)

$$\phi = 1.0 \text{ if } R_{ul} = \frac{K_{ul}}{K_{ol}} > 0.25,$$

whereby ϕ_0 is the value of ϕ for $R_{ul} = 0$ and K_{ul} is the underload stress intensity factor.

Wheeler's model

A model based on crack retardation proposed by Wheeler assumes that, after a peak load, there is a load interaction effect when the crack tip plastic zones for the subsequent loads are smaller than that because of the peak load. Consider that at a crack length a_0 , an overload stress σ_0 creates a crack tip plastic zone of length c_{po} (Fig. 3), which is given by the following:

$$c_{po} = \frac{1}{A} \frac{\sigma_0^2 a_0}{\sigma_Y^2} \tag{9}$$

 Table 3
 Comparison of life (in cycles) before application of a single overload

Values measured at crack extension of 16 mm, $v = 0$, load spectrum 1			
Wheeler	AFGROWZ	Zencrack	
coefficient		K from finite	K from
		element	equation
1	454	478	454
1.5	454	478	454
2	454	478	454

with A = 1 or 3 for plane-strain or generalised planestress conditions, respectively. When the crack propagated to a length a_i , a stress σ_i produces a plastic zone of length c_{pi} given by the following:

$$\phi = \left(c_{pi}/\lambda\right)^{\mathrm{m}} \text{ for } a_i + c_{pi} < a_0 + c_{po}, \tag{10}$$

where $\lambda = a_0 + c_{po} - a_i$ and *m* are empirical parameters. Then the crack growth increment for $a_i + c_{pi} < a_0 + c_{po}$ is given by the following:

$$(da/dN)_R = \phi(da/dN),\tag{11}$$

where da/dN is the constant-amplitude crack propagation rate corresponding to the stress intensity factor range ΔK_i of the load cycle *i*.



Fig. 12 Crack growth trends with Willenborg and Wheeler models (load spectrum 1). FE, finite element. [Colour figure can be viewed at wileyonlinelibrary.com]

When $a_i + c_{pi} > a_0 + c_{po}$, the crack has crossed the plastic region, and the retardation factor is assumed to be $\phi = 1$.

 Table 4
 Comparison of life (in cycles) after application of the first overload

Values measured at crack extension of 17 mm, $v = 0$, load spectrum 1			
Wheeler	AFGROWZ	Zencrack	
coefficient		<i>K</i> from finite	K from
		element	equation
1	2278	2436	2286
1.5	3482	3721	3491
2	5537	5962	5538

 Table 5 Comparison of life (in cycles) at extended crack growth after repeated overloads

Values measured at crack extension of 20 mm, $v = 0$, load spectrum 1			
Wheeler	AFGROWZ	Zencrack	
coefficient		K from finite	K from
		element	equation
1	4892	5081	4911
1.5	7983	8603	7999
2	15 666	16 144	15 670

CRACK GROWTH LAW AND FATIGUE MATERIAL PROPERTIES

In the present work, the Walker equation was used to simulate a fatigue crack growth:

$$\frac{da}{dN} = C_o \left[\Delta K_R (1-R)^{(n-1)} \right]^m, \tag{12}$$

where *a* is the crack size and *N* is the number of fatigue cycles; C_o , *n* and *m* are the material constants (subscript *o* refers to values at R = 0); $\Delta K = K_{max} - K_{min}$ is the stress intensity factor range and *R* is the stress ratio. Parameters for AL 2024-T3 used in this work for the Walker equation are $C_o = 5.85178E-14$, m = 3.59 and n = 0.68 (as available from AFGROW database); these values were obtained with the units of MPa \sqrt{m} for ΔK and mm per cycle for da/dN. The crack geometry investigated in this research was a through crack for the CT specimen.

LOAD SPECTRA

The CT specimen was subjected to two different load spectra (LSP 1 and LSP 2), based on blocks composed by 1000 or 100 cycles, respectively, each baseline sequence with different R ratios. An example of an overload



Fig. 13 Helicopter lift frame component: geometric dimensions, overall FEM mesh and submodelled volume. [Colour figure can be viewed at wileyonlinelibrary.com]

sequence is presented in Fig. 4, in which the overload was applied every 100 cycles, at the last cycle of the elementary-iterated block. The loading sequence was repeated until the critical stress intensity factor was reached in computational analyses or no further crack extension was achievable. Details of the spectrum loadings are summarised in Table 1.

Tests with realistic load sequences are often required in order to demonstrate the in-service integrity for the given materials and structures. For this purpose, standardised load–time histories have been developed for 30 years, because it was recognised that this use provided a series of advantages – both for studies of a more generic nature and practical applications.²⁴ One of these standardised load-time histories is named ASTERIX (Fig. 5) and was introduced here with the purpose to test FE results in more realistic loadspectrum conditions.

FINITE ELEMENT MODELLING

CT specimen

Results of the retardation models implemented in Zencrack were also compared with those of other computational tools for fatigue crack growth. In particular, code AFGROW, broadly used in the aerospace industry



Fig. 14 FEM-cracked submodel with close up of initial (a) and final (b) modelled cracks. [Colour figure can be viewed at wileyonlinelibrary. com]

for damage tolerance analyses, was used to compare numerical results for the CT specimen investigated. A 3D numerical model used in this study is presented in Fig. 6. Because of the symmetry of the CT specimen shown in Fig. 6a, only one half of the specimen was analysed. The effect of the Poisson's ratio on a crack shape can be seen in Fig. 6c–d.

In order to compare the FE results obtained with Zencrack and the analytical-based solution of AFGROW, two numerical approaches were considered. The first approach considered was the real Poisson's ratio (equal to 0.33) of AL 2024-T3 (Fig. 6d), while in the second model, the Poisson's ratio was set equal to 0 to simulate a two-dimensional behaviour of crack propagation (Fig. 6c). The same zero value of the Poisson's ratio was used in the analyses performed with AFGROW, which cannot simulate the effects of varying plane-stress/plane-strain conditions along the crack front. In fact, calculations of the crack growth in AFGROW cannot take into account the realistic stress fields of FE analyses. For this reason, it was essential to establish similar 'physical' conditions to provide comparability of the data from the two computational solutions. As a matter of fact, the 3D FEM analysis was reduced to a two-dimensional one, as that performed by AFGROW code, by setting to 0 the Poisson's ratio.

Furthermore, to minimise any possible mismatch in the results of the two computational methods, a subroutine in Zencrack was implemented to match the evaluation of the stress intensity factors exactly with the same formula adopted in AFGROW (rather than using values calculated by the FE analysis). Equations used to evaluate the stress intensity factors with the AFGROW method are as follows:

Finite element analyses

The retardation models available in Zencrack are based on the standard schemes available in the literature and in AFGROW software. The use of these retardation models in Zencrack accounts for a beneficial effect of overloads and gets a better estimate of residual life of the component.

A full set of analyses was carried out to examine the effect of the retardation models on crack propagation. The following types of computational analyses were implemented:

- 1 Crack propagation without the retardation model (notation in figures with results: 'Zencrack: no retardation');
- 2 Crack propagation with retardation model and stress intensity factors evaluated via FE analysis ('Zencrack: retardation, *K* values from FE');
- 3 Crack propagation with the retardation model and stress intensity factors evaluated via Eq. (14) ['Zencrack: retardation, *K* values from Eq. (14)'];
- 4 AFGROW code solution (AFGROW curve in the figures); and
- 5 The AFGROW analyses were performed only for the Poisson's ratio equal to 0, while two levels 0.0 and 0.33 were considered in the FE study.

The elements used in the numerical analyses were fully integrated 20-node hexahedral elements. A mesh generated in the cracked model consisted of quarterpoint crack tip elements along the crack front in order to enforce correctly the theoretical $r^{-1/2}$ singularity in the FE simulations of crack propagation.

It should be noted that the AFGROW calculations used the optimum re-evaluation of K at every cycle,

$$f\left(\frac{A}{W}\right) = \left[\binom{2+\frac{A}{W}}{1.0-}\left(\frac{A}{W}\right)^{1.5}\right] * \left[0.886 + 4.64\left(\frac{A}{W}\right) - 13.2\left(\frac{A}{W}\right)^2 + 14.72\left(\frac{A}{W}\right)^3 - 5.6\left(\frac{A}{W}\right)^4\right],\tag{13}$$

$$K = \left[P * f\left(\frac{A}{W}\right)\right] / \left(B * \sqrt{W}\right),\tag{14}$$

where A is the crack length, P is the applied load, B is the thickness and W is the width of the CT specimen.

The total number of elements used in the analysis was 10 248; quadratic interpolation (C3D20 element types) was used for the FE analyses. Dimensions of the CT specimen are summarised in Table 2.

whereas Zencrack methodology, although using the same basic K equation, has only finite evaluations of K with appropriate handling of K variations during the integration process as the crack extends. The two sets of results match perfectly.

It is worthwhile to consider that there is no direct impact of mesh quality in relation to application of the overload effects, because the latter are evaluated resorting to a phenomenological approach (which needs a specific calibration by experimental tests based on similar spectra). As a matter of fact, if a mesh is sufficiently refined for a standard constant amplitude analysis, it turns out to be automatically acceptable also when allowing for load-spectrum effects by the aforementioned retardation models (Willenborg ...). On the contrary, when using a physically based approach, like that proposed by Vasudevan, it is of the uttermost importance to have a very refined mesh close to the crack front in order to model properly the distribution of residual stresses originated by the overload, and superimposed on the stress state generated by remote loading conditions.

FATIGUE CRACK GROWTH NUMERICAL SIMU-LATIONS AND RESULTS COMPARISON

Willenborg generalised model

The Willenborg generalised model was first adopted to analyse the sequence effects produced by the two considered load spectra.

Load spectrum 1

Comparison of data for load spectrum 1 (Table 1) is presented in Fig. 7: the lack of c1 continuity is a consequence of overload introduction and a subsequent impact on the crack growth rate. The effect of the retardation is quite evident in Fig. 7a after the first overload at 1000 cycles; it is repeated regularly every 1000 cycles. The introduction of the retardation strategy leads to an increase of nearly 12.5% in the final life estimation calculated with Zencrack with the stress intensity factors evaluated using the FE solver. The solution given by the code AFGROW and Zencrack, with stress intensity factors evaluated 'analytically' through Eq. (14), results in a slightly less beneficial effect, that is, 8.6%. However, it is interesting to note that the solution achieved using Zencrack with calculation of the stress intensity factors based on the AFGROW methodology perfectly matches the AFGROW results.

The effect of stress triaxiality due to the real Poisson's ratio (v = 0.33) is evident in Fig. 7b. In this case, a realistic stress field was established in the numerical model.

Load spectrum 2

Load spectrum 2 (Table 1) was introduced with the purpose to produce FE results (Zencrack) for more realistic load-spectrum conditions and, in particular, with a radical increase in the number of repeated overloads and with a reduced *R* ratio. From the obtained results (Fig. 8), it is possible to first evaluate the effect of the increase in the number of repeated overloads. The overall increase in terms of a number of cycles compared with that in the non-retarded simulations was nearly 285%. More importantly, Fig. 8 demonstrates that the FE results using Zencrack still provided perfect match with the AFGROW results, and in particular, the curve of the Zencrack values obtained by means of Eq. (14) still overlays the AFGROW curve.

The effect of the Poisson's ratio on the crack growth for load spectrum 2 is presented in Fig. 9. There, the Poisson's ratio results are representative of the more realistic crack front shape shown in Fig. 6d.



Fig. 15 Evolution of crack length on surface 1 with cycles, with or without retardation effects when applying just one overload and load spectrum 1. [Colour figure can be viewed at wileyonlinelibrary.com]

ASTERIX load spectrum

The effect of ASTERIX load spectrum in terms of number of cycles can be evaluated from Fig. 10 and compared with the non-retarded simulations. Fig. 10 shows again that the FE results using Zencrack are still in a perfect match with the AFGROW results and, in particular, the curve of the Zencrack values obtained by means of Eq. (14) coincides with the AFGROW curve. More interestingly, it is possible to see how complex spectra can result only in negligible changes in life estimation (Fig. 10).

Wheeler model

A comparison of data for load spectrum 1 calculated with the Wheeler model is presented in Fig. 11: here, the effect of the retardation is quite evident after the first overload at 1000 cycles, and it is repeated regularly every 1000 cycles. The solution given by the code AFGROW



Fig. 16 Evolution of crack length on surface 1 with cycles with or without retardation effects by load spectrum 2 with repeated overloads for various cases of the first overload application: (a) crack length of 21 mm and (b) crack length of 29 mm. [Colour figure can be viewed at wileyonlinelibrary.com]

and Zencrack, with stress intensity factors evaluated 'analytically' through Eq. (14), results in a slightly less beneficial effect. However, it is interesting to note that the solution achieved using Zencrack with calculation of the stress intensity factors based on the AFGROW methodology perfectly matches with the AFGROW results.

A comparison between the Willenborg and Wheeler models is presented in Fig. 12.

A comparison of the life before (Table 3) and after (Table 4) application of a single overload and after repeated overloads (Table 5) is also presented.

Case study: generalised Willenborg applied to helicopter frame

Introduction

In order to demonstrate the capability of the method, a case study was investigated. This study was carried out on a helicopter component (Fig. 13) undergoing repeated

overloads. These investigations aim to understand the overall effects of real-life complex loading spectra that typically occur during the operative life of helicopters (and, more in general, by aircraft).

The initial cracked model is shown in Fig. 14a; the numerical model was obtained with an adaptive remeshing technique applied on the initial uncracked mesh (Fig. 13). The crack propagation in the frame is depicted in Fig. 14b.

In particular, in order to model accurately the details of crack fronts, the 'standard crack blocks' approach was adopted in this study, which reduces to a single element on their back faces and merges with the rest of the mesh via shared nodal numbers.

Load spectra 1 and 2

The calculated negligible retardation effects caused by a single overload, applied after 1000 baseline cycles (load



Fig. 17 Evolution of crack length (measured at breakthrough point on surface 1) with cycles with and without allowance for sequence effects induced by ASTERIX load spectrum. [Colour figure can be viewed at wileyonlinelibrary.com]



Fig. 18 Modified ASTERIX load spectrum. [Colour figure can be viewed at wileyonlinelibrary.com]



Fig. 19 Evolution of crack length (measured at breakthrough point on surface 1) with cycles with and without allowance for sequence effects induced by modified ASTERIX load spectrum. [Colour figure can be viewed at wileyonlinelibrary.com]

spectrum 1), are shown in Fig. 15: the plotted crack length is related to the reference node placed on surface 1.

Unlike load spectrum 1, the influence of repeated overloads, each applied after 100 baseline cycles (load spectrum 2), resulted in a significant retardation of crack propagation in the modelled component (Fig. 16a–b).

Different retardation results shown in Fig. 16a-b are related to various crack lengths when the first overload was applied.

Although the amount of applied overload was the same, the stress intensity factors were different and, in particular, higher for longer crack lengths (Fig. 16b). Consequently, larger plastic zones were formed in the proximity of the crack tips. These extended plastic regions were, therefore, responsible for more pronounced retardation under load spectrum 2.

ASTERIX load spectrum

The application of complex spectra like ASTERIX (Fig. 5) produced some interesting numerical results. In fact, only meaningless and totally negligible changes in life estimation were detected, as shown in Fig. 17.

Consequently, in order to introduce appreciable retardation effects, the ASTERIX spectrum was modified by adding high or moderate overload spikes (Fig. 18), with the impact illustrated in Fig. 19.

CONCLUSIONS

In this research, fatigue crack growth behaviour of aeronautical aluminium alloy 2024-T351 was studied. Effects of various loading conditions such as the stress ratio and various amplitude loadings were investigated. In particular, the effect of different overloads on the fatigue crack growth rate was simulated using the Zencrack code. Preliminary analyses on the CT specimen proved that the numerical results generated using Zencrack were in agreement with the results provided by the AFGROW code for the same conditions. A case study was carried on a helicopter component under repeated overloads to compare numerical results obtained implementing yield zone models in Zencrack.

In conclusion, the proposed procedure exhibited the capability to perform FE analysis under non-proportional loading conditions for two-dimensional and 3D formulations and, in particular, with reference to a realistic test case, where the effects of overload and complex spectrum loadings were assessed.

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