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<http://dx.doi.org/10.1109/LAPC.2016.7807607>

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Panagamuwa, C.J., Symeon Symeonidis, and W.G. Whittow. 2019. "Characterisation of an Antenna System Implanted into a Limb Phantom for Monitoring of Bone Fracture Healing". figshare.
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Characterisation of an Antenna System Implanted into a Limb Phantom for Monitoring of Bone Fracture Healing

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Abstract— An antenna system consisting of two implanted monopoles has been investigated. The proposed structure has been simulated in a cylindrical three layer limb phantom and the S_{11} and S_{21} responses of the system have been evaluated for the 0.5 to 5 GHz frequency range. This process occurred as the bone fracture that was introduced in the middle of the phantom gradually healed turning from blood to bone marrow and bone cortical in five discrete steps.

Keywords— *implanted antennas, bone phantoms, fracture monitoring*

I. INTRODUCTION

Implanted antennas is a research topic that has been gaining interest over the past decade. The most common frequency band used is the Medical Device Radiocommunications Service (MedRadio) operating at 401 – 406 MHz [1]–[3] and the Industrial, Scientific and Medical (ISM) [4]–[6] operating at 2.44 to 2.46 GHz frequency range. Most of the implants are often incorporated under the skin, fat and muscle tissues [7]–[13]. Other include implantation beneath the skull [14], intraocular implementation of antennas for retinal prosthesis [15], ingestible capsule antennas for the monitoring of human intestines [16], antennas operating in the GPS frequency range for the localization of people suffering from Alzheimer’s disease [17] and antennas that are used for wireless powering sensors and implants inside the human body [18]. Proper design and manufacture can prove a challenging task for engineers but with multiple benefits in the field of medicine. Some of the most common impediments include the difficulty of transmitting information from inside of the body to external sources and vice versa, the limitations in terms of available space inside the body and the compulsory biocompatibility of the materials used for the creation of the implants. In most cases an approach among scientists from several fields including electromagnetics and biology is required in order for an implanted device to be designed and tested properly. Over the last two decades a variety of implanted antenna geometries have been proposed offering a good tradeoff between frequency of operation, antenna size and efficiency.

In this work, an implanted antenna system is proposed that monitors the healing of bone fractures. The biological process of fracture healing is a complicated process that if not monitored and evaluated continuously the first 4 weeks after the trauma, often leads to failure of bone restoration to its pre fractured state [19]. Healing depends, amongst others, on the number of discrete fractures, the type of bone and the patient’s age and gender [20], [21]. The proposed antenna system could provide doctors with continuous information regarding the state of the fractured bone, reducing the required x-rays and CT scanning. Additionally, the proposed structure can provide support to the damaged bone similar to the metal pins used by the doctors to heal fractured limbs.

II. ANTENNA DESIGN WITHIN A THREE LAYER LIMB PHANTOM

The proposed antenna system consists of two monopoles. The length of each monopole was 3cm and they were attached to two 4 x 3.4 cm groundplanes as shown in Figure 1. A gap of 2mm to assure that there will be no contact between the groundplanes in future measurements was selected. The distance between the monopoles was 2cm as it was found in previous research to be the optimal distance for proper communication within the fracture [21]. For the simulations a three layer coaxial limb phantom was used consisting of bone marrow, bone cortical and muscle tissues. The central frequency of simulation was set at 3 GHz, this is due to the diameter of the bone marrow and the penetration depth of the monopoles into the phantom. The dimensions of each layer in the coaxial phantom were given according to measurements taken on a lamb joint that will be used for analysis as a phantom in future work. Table 1 shows the dielectric properties that were selected for each layer of the phantom at 3 GHz. The permittivity and conductivity of the phantom layers were frequency depended, their values changed for each simulated frequency according to the measurement results found in [22] [23] for the range of 0.5 to 5 GHz.

Figure 1: The proposed antenna system

Each of the cylinders had 15cm length, the outer cylinder had 4cm radius, the middle 3cm and the inner 2cm. The fracture was introduced in the middle of the phantom in the bone cortical and bone marrow layers. The fractured area in the bone marrow layer was considered a cylinder and the top part of the bone cortical area was represented as a block of bone (see Figure 2). The block part will represent the drilling point on the surface of the bone where a blood simulating liquid will be injected into the bone marrow in future measurements.

Table 1: The dielectric properties used for the three layered bone phantom at 3 GHz [22][23]

	Relative Permittivity ϵ_r	Conductivity σ , (S/m)
Muscle	52.05	3.04
Bone Marrow	5.23	0.12
Bone Cortical	11.06	0.50
Blood	57.35	3.04

Figure 2: The limb phantom and the position of the fracture

Five different states were considered, emulating the condition of the fracture as it heals, turning from blood to bone. At the initial state, the dielectric properties of blood were given to the

fracture, changing by a 25% step towards the properties of marrow and cortical until the bone reached a completely healed state. At the fifth step the bone is considered fully healed and the fracture no longer exists inside the phantom.

Figure 3: Limb phantom dimensions

Table 2: The dielectric properties of the fracture during the healing progress at 3 GHz

	Bone marrow fracture		Bone cortical fracture	
Bone Damage	Relative Permittivity ϵ_r	Cond. σ , (S/m)	Relative Permittivity ϵ_r	Cond. σ , (S/m)
100%	57.35	3.04	57.35	3.04
75%	44.32	2.31	45.77	2.40
50%	31.29	1.58	34.20	1.77
25%	18.26	0.85	22.63	1.13
0%	5.23	0.12	11.06	0.50

III. SIMULATION RESULTS OF THE PROPOSED STRUCTURE

For the simulation of the proposed structure, the EMPIRE XPU EM solver was used. The fracture occupied the 2 cm distance between the monopoles. The monopoles were connected to the groundplane on the outside of the muscle layer and were implanted 3cm deep into the phantom, reaching the top edge of the bone marrow from bottom (see Fig. 2). Figure 4 shows the changes in the S_{11} response of the antenna as the permittivity and the conductivity of the fracture changes from blood to bone cortical and bone marrow in five steps.

Figure 4: The S_{11} response of the antenna system for the five steps of the bone fracture condition

The results of the simulation show that the S_{11} response of antenna is affected as the fracture is introduced into the limb phantom. There is a 3.5 dB rise at 3 GHz between the steps where the bone is healed (0% damage) and where fracture exists, indicating that the introduction of a fracture consisting of higher permittivity and conductivity values to that of the bone near the monopole can affect its impedance. In order to further explore the changes in the response of the antennas, the propagation among the two monopoles is investigated (see Fig. 5).

Figure 5: The S_{21} response of the monopoles for the five steps of the bone fracture condition

According to the results shown in Figure 5, as the fracture changes from blood to bone, there is a shift in S_{21} at 2.4 GHz for 150 MHz between 100% and 75% damage and a 250 MHz shift between 75% to 50% and 50% to 25% damage. The shift between 25% and 0% damage were the fracture completely heals is at least at 450 MHz. These changes in the simulated system indicate that there is a possibility to monitor the

condition of a fracture as it gradually heals by investigating the changes in S_{11} and S_{21} .

IV. CONCLUSION

An antenna system consisting of two implanted monopoles attached into two groundplanes outside the limb phantom has been proposed. The S_{21} response of the system has been shown to shift to a higher frequency as the fracture between the monopoles healed by turning from blood to bone marrow and bone cortical. This occurs due to the change of the dielectric properties of the fracture, in between the monopoles, in terms of relative permittivity and conductivity. As the values of ϵ_r and σ transition from the high values of blood to the lower values of bone cortical, the propagation medium is affected. Future advances of the proposed system include different monopole designs such as in the form of needles that will make application into the muscle an easier task for the doctors and additional InVitro measurements using sophisticated multilayer phantoms and lamb joints.

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