Thank you so much for agreeing to be interviewed for this project. We are contacting key people within the Ghanaian community to ask about ***the community readiness for prevention of overweight and obesity among Ghanaian women and girls in Greater Manchester***. The entire process, including individual names, will be kept confidential.

I would like to record our interview, so that we can get an accurate representation of what you’ve said. Would that be okay with you?

In addition, I would like you to answer specifically about overweight and obesity among Ghanaian women in the Greater Manchester area.

**Demographics of respondent**

1. Gender:

□ Male □ Female

2. What is your work title? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. What is your age range?

□ < = 18 yrs

□ 19-24 yrs

□ 25-34 yrs

□ 35-44 yrs

□ 45-54 yrs

□ 55-64 yrs

□ 65 yrs and above

4. Do you live in Greater Manchester?

□ Yes □ No

If no: What community? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5. How long have you lived in your community? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

6. Do you work in Greater Manchester?

□ Yes □ No

If no: What community? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Community Readiness Interview Questions**

In many questions in this survey I am going to ask you to respond to questions in relation to a scale. The scale will be from 1 to 10 and you will need to respond according to how much you agree with that particular question.

For example, a question might ask: How much do you like bananas? You will need to respond on the scale from 1 to 10. If you very much like bananas, then you would respond “10”. But if you don’t like bananas at all you would respond with a “1”. If you like bananas a little bit then you would respond with a “3” or if you somewhat like bananas then you would respond with “5” or “6” and if you like bananas you would respond “7” or “8”.

**1. For the following question, please answer keeping in mind your perspective of what community members believe and not what you personally believe.**

**On a scale from 1-10, how much of a concern is** the overweight and obesity *among Ghanaian women and girls* **to Ghanaians in Greater Manchester*,*****with 1 being “not a concern at all” and 10 being “a very great concern”?** *(Scorer note: Community Climate)*

1 🞎 2 🞎 3 🞎 4 🞎 5 🞎 6 🞎 7 🞎 8 🞎 9 🞎 10 🞎

Not at all Somewhat Very much

**Can you tell me why you think it’s at that level?**

*Interviewer: Please ensure that the respondent answers this question in regard to* ***community members*** *not in regard to themselves or what they think it should be.*

***COMMUNITY KNOWLEDGE OF EFFORTS***

I’m going to ask you about current community efforts to address overweight and obesity *among Ghanaian women and girls.* By efforts, I mean any programmes, activities, or services in your community that address *overweight and obesity*.

**2. Are there efforts in** *Greater Manchester community* **that address** *overweight and obesity among Ghanaian girls and women?*

*If* ***Yes****, continue to question 3; if* ***No or Don’t Know****, skip to question 16.*

**3. Can you briefly describe each of these?**

*Interviewer: Write down names of efforts so that you can refer to them in #4-5 below.*

4. How long have each of these efforts been going on? *Probe for each program/activity.*

5. Who do each of these efforts serve (e.g., a certain age group, ethnicity, etc.)?

**6. About how many community members are aware of each of the following aspects of the efforts**

**- none, a few, some, many, or most?** (note for interviewer: do not read this question, read the following questions from 6a to 6f)

**6a. How many community members have heard of efforts** to address overweight and obesity among girls and women in Greater Manchester?

**□ None □ a few □ some □ many □ most □ don’t know**

**6b. How many community members can name efforts** to address overweight and obesity among girls and women in the Greater Manchester area?

**□ None □ a few □ some □ many □ most □ don’t know**

**6c. How many community members know the purpose of the efforts** to address overweight and obesity among girls and women in the Greater Manchester area?

**□ None □ a few □ some □ many □ most □ don’t know**

**6d. How many community members know who the efforts** to address overweight and obesity among girls and women in the Greater Manchester area **are for**?

**□ None □ a few □ some □ many □ most □ don’t know**

**6e. How many community members know how the efforts** to address overweight and obesity among girls and women in the Greater Manchester area **work** (e.g. activities or how they’re implemented)?

**□ None □ a few □ some □ many □ most □ don’t know**

**6f. How many community members know the effectiveness of the efforts to** address overweight and obesity among girls and women in the Greater Manchester area?

**□ None □ a few □ some □ many □ most □ don’t know**

**7. Thinking back to your answers, why do you think members of your community have this amount of knowledge?**

**8. Are there misconceptions or incorrect information among community members about the current efforts** to address the overweight and obesity among girls and women in the Greater Manchester area? *If yes:* What are these?

***Only ask #16 if the respondent answered “No” to #2 or was unsure****.*

**16. Is anyone in** *Greater Manchester community* **trying to get something started to address** overweight and obesity among girls and women*)*? **Can you tell me about that?**

***LEADERSHIP***

I’m going to ask you how the leadership in *Greater Manchester community* perceive overweight and obesity among girls and women. By leadership, we are referring to people who have power to make decisions about this issue or have ability to influence actions or lead the community to address the issue.

**17. Using a scale from 1-10, how much of a concern is** overweight and obesity among girls and women **to the leadership of** *Greater Manchester* *community***, with 1 being “not a concern at all” and 10 being “a very great concern”?**

1 🞎 2 🞎 3 🞎 4 🞎 5 🞎 6 🞎 7 🞎 8 🞎 9 🞎 10 🞎

Not at all Somewhat Very much

**Can you tell me why you say it’s** *not at all of a concern/somewhat of a concern/very much of a concern***?**

**17a. How much of a priority is addressing** overweight and obesity among girls and women in the Greater Manchester area **to the leadership?**

1 🞎 2 🞎 3 🞎 4 🞎 5 🞎 6 🞎 7 🞎 8 🞎 9 🞎 10 🞎

Not at all Somewhat Very much

**Can you explain why you say this?**

**18. I’m going to read a list of ways that leadership might show its support or lack of support for efforts to address** overweight and obesity among girls and women in the Greater Manchester area

**Can you please tell me whether none, a few, some, many or most leaders would or do show support in this way? Also, feel free to explain your responses as we move through the list.** (note for interviewer: do not read this question, read the following questions from 18a to 18e)

**18a. How many leaders at least support efforts without necessarily being active in that support?**

**□ None □ a few □ some □ many □ most**

**18b. How many leaders participate in developing, improving or implementing efforts? (For example, by being a member of a group that is working toward these efforts.)**

**□ None □ a few □ some □ many □ most**

**18c. How many leaders support allocating resources to fund community efforts?**

**□ None □ a few □ some □ many □ most**

**18d. How many leaders play a key role as a leader or driving force in planning, developing or implementing efforts?**

**□ None □ a few □ some □ many □ most**

*(prompt: How do they do that?)*

**18e. How many leaders play a key role in ensuring the sustainability of community efforts? (for example, by allocating long-term funding.)**

**□ None □ a few □ some □ many □ most**

**19. Does the leadership support scaling up efforts in the community to address** overweight and obesity among girls and women in the Greater Manchester area?

***If******yes****:* **How do they show this support? (for example, by supporting, by being involved in developing the efforts, or by being a driving force or key player in achieving these scaling up efforts?)**

21. Are there leaders who might oppose addressing overweight and obesity among girls and women in the Greater Manchester area? How do they show their opposition?

***COMMUNITY CLIMATE***

For the following questions, again please answer keeping in mind your perspective of what community members believe and not what you personally believe.

**22. How much of a priority is addressing** overweight and obesity among girls and women in the Greater Manchester area **to community members?**

1 🞎 2 🞎 3 🞎 4 🞎 5 🞎 6 🞎 7 🞎 8 🞎 9 🞎 10 🞎

Not at all Somewhat Very much

**Can you explain your answer?**

**23. I’m going to read a list of ways that community members might show their support or their lack of support for community efforts to address** overweight and obesity among girls and women in the Greater Manchester area.

**Can you please tell me whether none, a few, some, many or most community members would or do show their support in this way? Also, feel free to explain your responses as we move through the list.** (note for interviewer: do not read this question, read the following questions from 23a to 23d).

**23a. How many community members at least support community efforts without being active in that support?**

**□ None □ a few □ some □ many □ most**

**23b. How many community members** **participate in developing, improving or implementing efforts? (For example, by attending group meetings that are working toward these efforts.)**

**□ None □ a few □ some □ many □ most**

**23c. How many community members play a key role as a leader or driving force in planning, developing or implementing efforts?**

**□ None □ a few □ some □ many □ most**

*(prompt: How do they do that?)*

**23d. How many community members are willing to pay more (for example, in taxes) to help fund community efforts?**

**□ None □ a few □ some □ many □ most**

**24. About how many community members would support scaling up efforts in the community to address** overweight and obesity among Ghanaian women and girls?**Would you say none, a few, some, many or most?**

**□ None □ a few □ some □ many □ most**

*If more than none:* **How might they show this support? (For example, by passively supporting or by being actively involved in scaling up the efforts?)**

25. Are there community members who oppose or might oppose addressing of overweight and obesity among girls and women in the Greater Manchester area*)*? How do or will they show their opposition?

***KNOWLEDGE ABOUT THE ISSUE***

26. On a scale of 1 to 10 where a 1 is no knowledge and a 10 is detailed knowledge, how much do community members know about *overweight and obesity among girls and women (aged 13-49 yrs)*?

1 🞎 2 🞎 3 🞎 4 🞎 5 🞎 6 🞎 7 🞎 8 🞎 9 🞎 10 🞎

None Somewhat A lot

Why do you say it’s a \_\_\_\_?

**27. Would you say that community members know nothing, a little, some or a lot about each of the following**? (*After each item, have them answer)* (note for interviewer: do not read this question, read the following questions from 27a to 27e)

**27a. How much would you say that community members know about overweight and obesity among women and girls, in general (prompt as needed with “nothing, a little, some or a lot”).**

**□ Nothing □ a little □ some □ a lot**

**27b. How much would you say that community members know about the causes of overweight and obesity?**

**□ Nothing □ a little □ some □ a lot**

**27c. How much would you say that community members know about the consequences of overweight and obesity?**

**□ Nothing □ a little □ some □ a lot**

**27d.** **How much would you say that community members know about whether people are overweight or obese?**

**□ Nothing □ a little □ some □ a lot**

**27e. How much would you say that community members know about what can be done to prevent overweight and obesity?**

**□ Nothing □ a little □ some □ a lot**

**28. What are the misconceptions among community members about** the *overweight and obesity*?

*If they list information, ask:* Do community members access and/or use this information?

***RESOURCES FOR EFFORTS*** *(time, money, people, space, etc.)*

*If there are efforts to address the issue locally, begin with question 30. If there are no efforts, go to question 31.*

**30. How are current efforts funded? Is this funding likely to continue into the future?**

**31. I’m now going to read you a list of resources that could be used to address** overweight and obesity **in your community. For each of these, please indicate whether there is none, a little, some or a lot of that resource available in your community that could be used to address** overweight and obesity**?** (note for interviewer: do not read question 31, read questions from 31a to 31f)

**31a. How many volunteers are available in your community that could be used to address overweight and obesity?**

**□ None □ a little □ some □ a lot □ don’t know**

**31b. How much financial donations from organisations and/or businesses are available in your community that could be used to address overweight and obesity?**

**□ None □ a little □ some □ a lot □ don’t know**

**31c. How much grant funding is available in your community that could be used to address overweight and obesity?**

**□ None □ a little □ some □ a lot □ don’t know**

**31d. How many experts are available in your community that could be used to address overweight and obesity?**

**□ None □ a little □ some □ a lot □ don’t know**

**31e. How much space is available in your community that could be used to address overweight and obesity?**

**□ None □ a little □ some □ a lot □ don’t know**

**31f. How many NGOs are available in your community that could be used to address overweight and obesity?**

**□ None □ a little □ some □ a lot □ don’t know**

**32. Would community members and leadership support the use of these resources to address overweight and obesity**?  **Please explain.**

**33. On a scale of 1 to 5, where 1 is no effort and 5 is a great effort, how much effort are community members and/or leadership putting into each of the following areas to increase the resources going toward addressing overweight and obesity in your community?** (note for interviewer: do not read this question, read the following questions from 33a to 33f)

**33a. On a scale of 1 to 5, where 1 is no effort and 5 is great effort, how much efforts are community members and/or leadership putting into seeking volunteers for current or future efforts to address overweight and obesity in the community?**

1 🞎 2 🞎 3 🞎 4 🞎 5 🞎

No effort Great effort

**33b. On a scale of 1 to 5, where 1 is no effort and 5 is great effort, how much efforts are community members and/or leadership putting into soliciting donations from businesses or other organisations to fund current or scaling up community efforts to address overweight and obesity?**

1 🞎 2 🞎 3 🞎 4 🞎 5 🞎

No effort Great effort

**33c. On a scale of 1 to 5, where 1 is no effort and 5 is great effort, how much efforts are community members and/or leadership putting into writing grant proposals to obtain funding to address overweight and obesity?**

1 🞎 2 🞎 3 🞎 4 🞎 5 🞎

No effort Great effort

**33d. On a scale of 1 to 5, where 1 is no effort and 5 is great effort, how much efforts are community members and/or leadership putting into training community members to become experts to overweight and obesity?**

1 🞎 2 🞎 3 🞎 4 🞎 5 🞎

No effort Great effort

**33e. On a scale of 1 to 5, where 1 is no effort and 5 is great effort, how much efforts are community members and/or leadership putting into recruiting experts to the community to address overweight and obesity?**

1 🞎 2 🞎 3 🞎 4 🞎 5 🞎

No effort Great effort

**34. Are you aware of any proposals or action plans that have been submitted for funding to address overweight and obesity *within the community*?**

1 🞎 2 🞎 3 🞎 4 🞎 5 🞎

No effort Great effort

***If Yes:* Please explain.**