

Drawing Number	Participant Number		
21	15		
Performed referenced action	Heard (Researcher / Participant dialogue)		Seen (Researcher observations)
01	<p>R: OK, so the first thing is, which room are we in? P: The Bedroom. R: And what time do you usually get out of bed? P: I'm up for 06:00. R: So, from getting out of bed, what are your movements? Do you have an alarm clock? P: Yeah, my iPad and iPhone. R: OK, so you get out of bed to this side (closest to the window). P: Yeah, and then round this way, and I come round here. R: So, is your partner still asleep at this point? P: Oh yeah, she's asleep. R: She does not get up that early? P: No. R: OK.</p>		<ul style="list-style-type: none"> Participant holds the phone and suggests that he uses the light to navigate around the bedroom furniture. Closes the door softly so as not to disturb his partner when exiting the Bedroom. iPad and iPhone on the side, along with extension lead with multiple chargers plugged in.
02	<p>P: The Bathroom, I have a wee and what have you. I actually do an odd thing as I go there (Bathroom), then I go in there (Third Room), get dressed, then come back (Bathroom) to brush my teeth. R: OK, so you go from the Bathroom to a dressing room (Third Room).</p>		
03	<p>P: Yes, this is my sort of room, wardrobe, and I put on whatever I need to put on. R: So, do you have a uniform for work? P: I wear normal clothes and then get changed at work. R: OK, do you have a process of what you wear for work? P: Just whatever is clean. R: So, just whatever is hanging up? P: Yeah, so, work stuff is generally all the same, so it is just whatever is clean. R: OK, so you get dressed in this space (Third Room)? P: Yeah, I get dressed in here (Third Room). R: So, is this about 06:15?</p>		<ul style="list-style-type: none"> Wardrobe with lots of compartments. Split into work, home clothes and accessories such as watches. In the Third Room, many baseball caps are displayed on the shelf.

	<p>P: Yeah, around that sort of time, like 06:10, then I do not do anything else in here (Third Room).</p> <p>R: So you are now dressed?</p>	
04	<p>P: Yes, and I go back into the Bathroom, I clean my teeth and sometimes have a glass of water either up here or downstairs.</p> <p>R: Are you doing everything quite quietly?</p>	<ul style="list-style-type: none"> • Turn the Bathroom mirror light on as not as bright as the main light and will not disturb partner.
05	<p>P: Yeah, reasonably. I do actually come back in here [Bedroom].</p> <p>R: And what is that for?</p> <p>P: To say goodbye to my girlfriend.</p> <p>R: Is she not asleep still?</p> <p>P: Oh, probably but I just open the door like this and say that I am going.</p> <p>R: Does she ever respond to you?</p> <p>P: maybe by text, like an hour later.</p> <p>R: Right, so why do you say goodbye if it might disturb her?</p> <p>P: It's just something that I have always done.</p> <p>R: So do you put any lights on in the Bedroom when you come back in</p> <p>P: No, I leave them all off. I actually turn the light on in there [Bathroom], and that navigates me around, and then I sometimes leave it on, or I would turn it off when I brush my teeth.</p> <p>R: OK.</p> <p>P: But if I know that she is getting up early, then I will leave it on when I go so, she can see where she is going.</p> <p>R: OK, so is the light difficult to reach?</p> <p>P: No, it is just a little sensor.</p> <p>R: So at about 06:30, and you dressed and washed?</p> <p>P: Yeah, so by about 06:15, I'm dressed and heading downstairs.</p> <p>R: And the lights are off?</p> <p>P: Yeah, all the lights are off.</p> <p>R: And is it a trick to get downstairs without a light?</p> <p>P: Well, the stairgate for the dogs does not help, as you can see it can be a bit temperamental to work.</p> <p>R: Yeah, how do you do this then?</p> <p>P: If I remember, I will get my phone out to shine some light, but I do not also ways do that.</p> <p>R: Why not?</p>	<ul style="list-style-type: none"> • Opens door slowly when re-entering the Bedroom.

	<p>P: I tend to forget that it has a torch, so I just struggle with it until it pops open and unlatches.</p> <p>R: Does the noise wake her up?</p> <p>P: No but I might wake the dogs up and as you have heard they have a big bark for a small dog.</p> <p>R: So, you are aware that the dogs might be provoked to bark if they hear you rattling the stairgate?</p> <p>P: Yeah, as they think they are getting an invite to up here.</p>	
06	<p>R: OK, so straight into the Living Room.</p> <p>P: Yeah, so I do not do anything in here.</p> <p>R: So the Living Room is just through traffic; you just walk straight through?</p> <p>P: Yeah.</p> <p>R: So we are going from the Living Room to the Kitchen.</p> <p>P: So the dogs are usually fast asleep, they do not usually get up for me, but then I would shout them and let them out. So whilst they are outside doing what they need to do, I usually get my bag and shoes.</p> <p>R: OK, so this is just an off-cupboard space (Store)?</p> <p>P: Yeah this is an old boiler space, but it is now just a room where we hang coats and stuff.</p> <p>R: So, is there any certain jacket here or shoes that you have to wear?</p> <p>P: Just my crappy trainers for the yard.</p> <p>R: So, are they always in this spot, so once you have finished work you put them back here?</p> <p>P: Yeah, then I am off.</p> <p>R: So, any breakfast?</p> <p>P: No, no, I do not have breakfast.</p>	<ul style="list-style-type: none"> • Dog bed by door. • Safety gate dividing Kitchen and Living Room. • High-end coffee machine and fridge-freezer in Kitchen. • Muddy shoes for work separate from other items, floor surrounding muddy.
07	<p>R: So, the Kitchen for you is about letting the dogs out and getting your stuff together and then going?</p> <p>P: Yeah.</p> <p>R: So you are leaving the house at about?</p> <p>P: Sometimes at about 06:20.</p>	<ul style="list-style-type: none"> • Back door used as a front door.
08	<p>R: OK, and how long do you spend at work before you come back?</p> <p>P: It is difficult, really.</p> <p>R: What might be an average day?</p> <p>P: An average day between 13:00 and 14:00.</p>	

	<p>R: OK, so let's go through that process, you come through the door, and it is 14:00 in the afternoon, and you're in your jacket and boots.</p>	
09	<p>P: Yeah, I take pretty much everything off, as it depends if I am muddy. R: OK, so the type of work you do depends if your clean or muddy? P: Yeah, so I would take all my kit off or stuff off or whatever then come through here (Kitchen). R: OK, so all that stuff you have taken off goes? P: So generally I take most of my stuff off here (Kitchen) and leave my trousers and t-shirt on, very rarely do I go for food straight away. So I come back through here (Living Room). R: So the dogs are still in the Kitchen space? P: Yeah, so my partner is generally working from home [in the kitchen] on that table with her stuff spread out, the dogs are usually in here with her just in their beds. R: So the dogs are sorted?</p>	
10	<p>P: Yeah, so I pretty much go upstairs and go for a shower. R: OK, so that is your main priority when you get in? P: Yeah to shower. R: So this is because of the type of work you do. P: Yeah. P: So upstairs and basically the rest of my clothes off. R: So back into the room that you originally put them on (Third Room). P: Yeah, then get clothes which are clean, so the clothes that I could walk around the house in. R: OK, so do you have a wash bin, or do you have a pile? P: Yeah so, I have a section in the wardrobe for the washing.</p>	<ul style="list-style-type: none"> • Participant opens wardrobe to show where the dirty washing would go. • Dirty work clothes noted to be mixed with all other dirty washing.
11	<p>R: OK, so put your dirty clothes in there and then go and shower? P: Yeah, then shower. R: So this is probably what about 14:30? P: Yeah so straight in here (Bathroom) and shower. R: Are you aware of making too much noise as your partner is working? P: No not really, unless she in on her phone.</p>	
12	<p>R: So, you showered and is it back in the here (Third Room) to get dry? P: Yeah, I probably just sit in my towel or get dressed and then hop on the computer for a bit. R: OK, so from here you are dressed? P: Yeah then I am pretty much...</p>	<ul style="list-style-type: none"> • Self-built computer for gaming. • On shelves, large Lego models.

	<p>R: So is the rest of your day yours?</p> <p>P: Yeah.</p> <p>R: So what then happens, roughly?</p> <p>P: So if my partner is on the phone or taking a business call then I tend to come up here (Third Room) and do my own thing or I am chilling out downstairs eating.</p> <p>R: So what sort of interest outside of work do you do?</p> <p>P: Gaming.</p> <p>R: So gaming, so you're up upstairs in here (Third Room) to game, whilst your partner is working downstairs.</p> <p>P: Yeah, I would be up here (Third Room) for a couple of hours or so.</p>	
13	<p>R: OK, so say you have done this, and you are going downstairs for dinner, what happens then?</p> <p>P: It depends on where my partner is as she goes to the gym, so either one of us would make the dinner depending on who is here, or we would make dinner for when she gets back.</p> <p>R: OK and what time would dinner roughly be?</p> <p>P: So it can be anywhere from 18:00, 19:00 to 20:00.</p> <p>R: OK.</p>	<ul style="list-style-type: none"> • Large dining table in the Kitchen. • Photos of the participant and their family on the wall. • Minimalist and tidy space.
14	<p>P: It really depends on what we are doing as we are just so busy, but very rarely is it like that. We tend start cooking for around 19:00, if I was to put an average on it would be around 19:00, although sitting here [living room] we tend to start dinner when Hollyoaks has finished, so yeah, we probably start dinner at 19:00 ish.</p> <p>R: So the front end of your day is more structured then the back end of your day and this could be because of work, to have this certain routine.</p> <p>P: Ow yeah, yeah.</p>	<ul style="list-style-type: none"> • Large curved TV with Sky Q box by TV stand.
15	<p>R: OK, so do you have a deadline to be at work for?</p> <p>P: Yeah, you know I would love to get up and have a coffee and do some random thing but most of my free time is in the evening or the afternoon.</p> <p>R: So this explains why you walk through the Living Room and Kitchen without doing anything, like having breakfast or watching TV is because of this deadline for work.</p> <p>P: Yeah so, I leave it quite late as after dinner we put the pots away and that.</p>	
16	<p>R: OK, then what?</p> <p>P: Then we watch TV until 22:00 or even 22:30 then my partner lets the dogs out.</p>	<ul style="list-style-type: none"> • Gestures to how partner turns off TV and places remote on TV stand.
17	<p>R: Do you go upstairs?</p> <p>P: Yeah, so I go to the Bathroom and do whatever.</p> <p>R: Then bed?</p>	

18	<p>P: Yeah, then bed as I have to be at work for 06:45, so I cannot leave it much later or I would not get up in the morning.</p> <p>R: OK then you start the day the same way the next day?</p> <p>P: Yeah, pretty much.</p>	<ul style="list-style-type: none">• Re-enacts plugging in phone by the side of bed.
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