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Splint wear connections map (interactive).pdf

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LICENCE

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REPOSITORY RECORD

Sinclair, Matt, Richard Bibb, and Charlotte Pyatt. 2019. "Splint Wear Connections Map (interactive).pdf". figshare. https://doi.org/10.17028/rd.lboro.9715517.v2.

Practical, help with task

Support

Heavy, lifting, carrying

Hand positions, angles

In case they are needed

Physical task
Other

Condition pain

In a lot of pain

Reduce pain and aching

Task causes pain

Keep doing things (future)

Strong connections

Mid connections

Weak connectionsWeakest connections

No reason to remove

2 | Negative things about wearing splints

Practical issues with splint

Dirty, Unhygienic
Restricting
In the way, Bulky
Annoying, Nuisance
Makes pain worse
Velcro

Don/Doff
Hot and sweaty
Misc

• Wet

Negative social reactions

People ask questions or comment

Draws attention, Focus on me, Stand out

Look or treated disabled, Like something is wrong

Have to explain it, People don't understand

People look at you

In way of socialising

Ask if need help, Want to be independent

Negative feelings

Frustrating
Embarrassing
Feel different

Other

Appearance

Not attractive

Visual, Too noticable

Get scruffy, Look scruffy

Colour Other

Tasks harder, doesn't do enough

Makes tasks more difficult

Can't grip

Have to find new ways to do things

Not helpful enough

Other

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Various positive feelings

Doing the right thing

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Splint helps
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Friend or family support

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Enabled, can do task

Can do task, Enabling

Other

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Can do more, Do for longer

Continue doing things

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Don't need to wear

Gets wet

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Not doing anything

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People ask questions or comment

Look incapable

Draws attention

Doesn't help achieve task

Can't do task wearing splint
Impact negatively on situation
Other

Appearance

Way they look

Other

Other

Alternative way to do things

Alternative way, Use other assistive device

Get someone else to help

Other

Break from wearing

Not allowed to, Recommended not to Other

Negative feelings

Feel different

Other

Misc

Don't have splint on them, laziness

Don't have splint on them Other

Don't want to wear

4 | Negative things about not wearing splints

Pain, swelling

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Less able, Can't do task

Don't get extra support

Struggle to lift
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Rather wear something

Could do with something, Should be

Happier if could wear, Unhappy because

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Other

Reduces pain

Reduces pain or aching

Makes more comfortable

Support of family and friends

People help

Friend or family support

Other

Enabled, can do task

Can do task, Enabling

Other

Keep doing things (future)

Can do more, Do for longer

Continue doing things

3 | Motivators to not wear splints

Practical issues with the splint

Gets wet

Dirty, Unhygienic

Restricting
In the way Bulky

In the way, Bulky

Don/Doff

Makes pain worse, Uncomfortable

Velcro Other

Don't need to wear

Don't need it

Not doing anything

Other

Negative social reactions

People ask questions or comment

Look incapable

Other

Doesn't help achieve task

Can't do task wearing splint

Impact negatively on situation
Other

Appearance

Way they look

Other

Alternative way to do things

Alternative way, Use other assistive device

Get someone else to help

Break from wearing

Not allowed to, Recommended not to

Other

Other

Other

Negative feelings

Feel different

Don't have splint on them, laziness

Don't have splint on them

Other

Don't want to wear

Misc

4 | Negative things about not wearing splints

Pain, swelling

Aches, Pains
Other

Harder to do things

Frustrating, Annoying

Less able, Can't do task

Don't get extra support

Struggle to lift

Other

Rather wear something

Could do with something, Should be

Wearing
Happier if could wear, Unhappy because

can't Other

4 | Positive things about not wearing splints

Positive feelings

Various positive feelings

Content not needed

No negative responses

Friends and family help

Practical, help with task

Support

Heavy, lifting, carrying

Hand positions, angles

In case they are needed

Physical task
Other

Condition pain

In a lot of pain

Reduce pain and aching

Task causes pain

Keep doing things (future)

No reason to remove

Strong connections Mid connections Weak connections Weakest connections

2 | Negative things about wearing splints

Practical issues with splint

Dirty, Unhygienic

Restricting

In the way, Bulky

Annoying, Nuisance

Makes pain worse

Velcro

Don/Doff

Hot and sweaty

Misc

Wet

Negative social reactions

People ask questions or comment

Draws attention, Focus on me, Stand out

Look or treated disabled, Like something is

wrong

Have to explain it, People don't understand

People look at you

In way of socialising

Ask if need help, Want to be independent

Negative feelings

Frustrating

Embarrassing

Feel different
Other

Appearance

Not attractive

Visual, Too noticable

Get scruffy, Look scruffy

Colour Other

Tasks harder, doesn't do enough

Makes tasks more difficult

Can't grip

Have to find new ways to do things

Not helpful enough

Other

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Various positive feelings

Doing the right thing

Practical, help with tasks

Extra support

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Hand positions, angles

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Mid connections

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Friend or family support
Other

Enabled, can do task

Can do task, Enabling
Other

Keep doing things (future)

Can do more, Do for longer

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Restricting
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Don/Doff

Makes pain worse, Uncomfortable

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Alternative way to do things

Alternative way, Use other assistive device
Get someone else to help
Other

Break from wearing

Not allowed to, Recommended not to

Other

Negative feelings

Feel different Other

Don't have splint on them, laziness

Don't have splint on them
Other

Don't want to wear

Misc

4 | Negative things about not wearing splints

Pain, swelling

Aches, Pains
Other

Harder to do things

Frustrating, Annoying

Less able, Can't do task

Don't get extra support

Struggle to lift

Other

Rather wear something

Could do with something, Should be wearing

Happier if could wear, Unhappy because can't

Other

4 | Positive things about not wearing splints

Positive feelings

Various positive feelings

Content not needed

No negative responses

Friends and family help

1 | Motivators to wear <u>splints</u>

Practical, help with task

1 raotioal, neip with task
Support
Heavy, lifting, carrying
Hand positions, angles
In case they are needed
Physical task

Condition pain

Other

In a lot of pain
Reduce pain and aching
Task causes pain

Strong connections

Mid connections

---- Weak connections ---- Weakest connections

Keep doing things (future)

No reason to remove

2 | Negative things about wearing splints

Practical issues with splint

Dirty, Unhygienic
Restricting
In the way, Bulky
Annoying, Nuisance
Makes pain worse
Velcro
Don/Doff
Hot and sweaty
Misc

Wet
Negative social reactions
People ask questions or comment
Draws attention, Focus on me, Stand out
Look or treated disabled, Like something is wrong
Have to explain it, People don't understand
People look at you
In way of socialising
Other
Ask if need help, Want to be independent
Negative feelings

F	rustrating
Е	Embarrassing
F	Feel different
	Other

Appearance

Not attractive
Visual, Too noticable
Get scruffy, Look scruffy
Colour
Other

Tasks harder, doesn't do enough

	Makes tasks more difficult
)	Can't grip
	Have to find new ways to do things
	Not helpful enough
	Other

2 | Positive things about wearing

Positive feelings

Various positive feelings

Practical, help with tasks

Extra support
Splint helps
Keep in right position
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Reduces pain

- Reduces pain or aching
- Makes more comfortable

Support of family and friends

- People help
- Other

Can do task, Enabling Other

Keep doing things (future)

3 | Motivators to not wear splints

Appearance

Way they look

Alternative way to do things

Get someone else to help

Break from wearing

Negative feelings Feel different

Don't have splint on them

Don't want to wear

Alternative way, Use other assistive device

Not allowed to, Recommended not to

Don't have splint on them, laziness

Other

Other

Other

Other

Other

Misc

3 Motivators to not wear sp	lints
Practical issues with the splint	
Gets wet	
Dirty, Unhygienic	94
Restricting	all the
In the way, Bulky	
Don/Doff	The state of the s
Makes pain worse, Uncomfortable	- SMILL
Velcro	- MM /2
Other	
Don't need to wear	
Don't need it	
Not doing anything	
Other	
Negative social reactions	X\ X\ //\
People ask questions or comment	
Look incapable	X
Draws attention	
Other	
Doesn't help achieve task	
Can't do task wearing splint	
Impact negatively on situation	<u> </u>
Other	
_	

4 | Negative things about not wearing splints

Pain, swelling	
Aches, Pains	
Other	
Harder to do things	
	_

7	Frustrating, Annoying
79	Less able, Can't do task
	Don't get extra support
>	Struggle to lift
	Other

Rather wear something

)	Could do with something, should be
	wearing
)	Happier if could wear, Unhappy because can't
	Othor

4 | Positive things about not wearing splints

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6	Various positive feelings
þ	Content not needed
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Misc

splints

- Doing the right thing

Friend or family support

Enabled, can do task

Can do more, Do for longer

Continue doing things