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Supplementary information files for Comparison of two Borg exertion scales for monitoring exercise intensity in able-bodied participants, and those with paraplegia and tetraplegia

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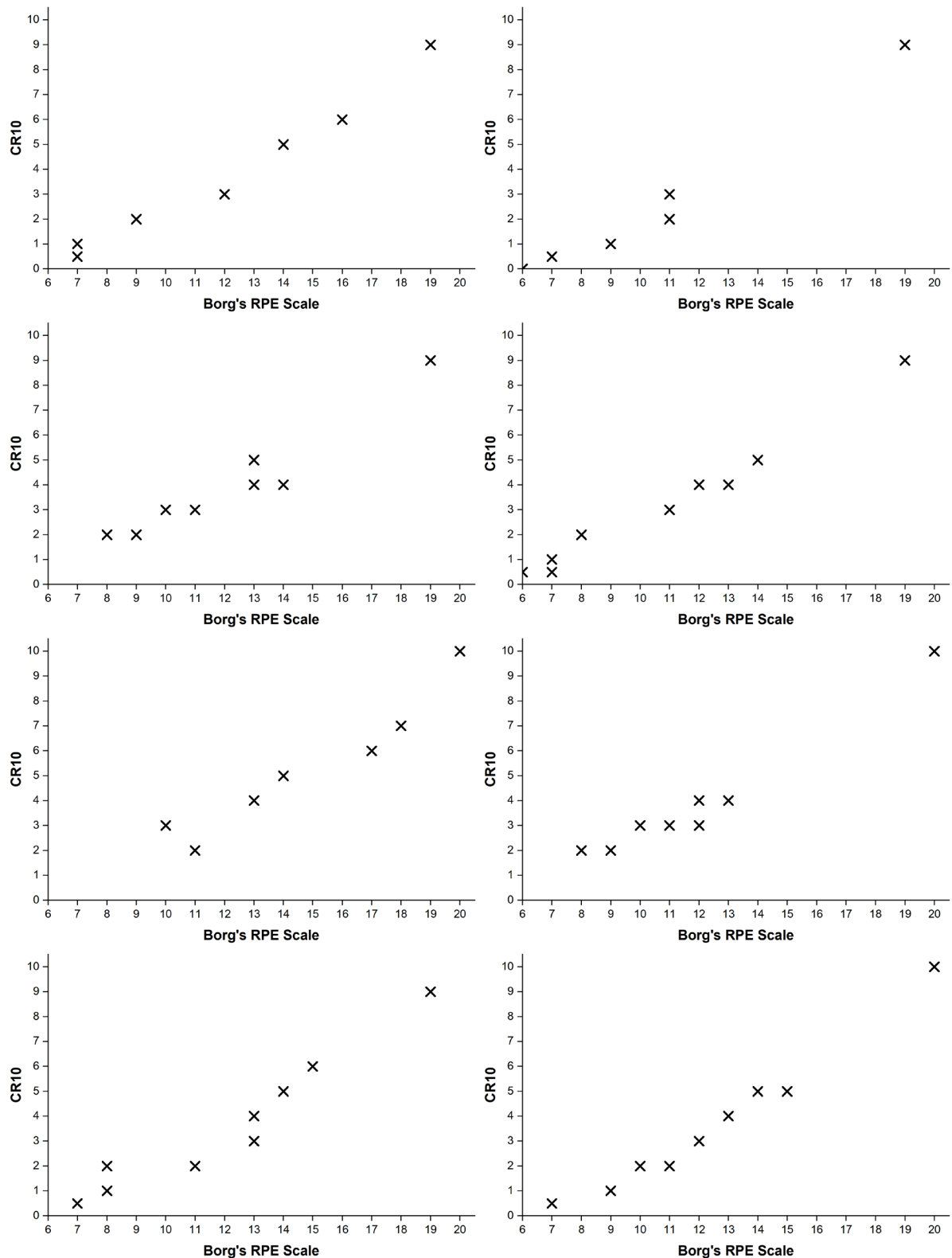
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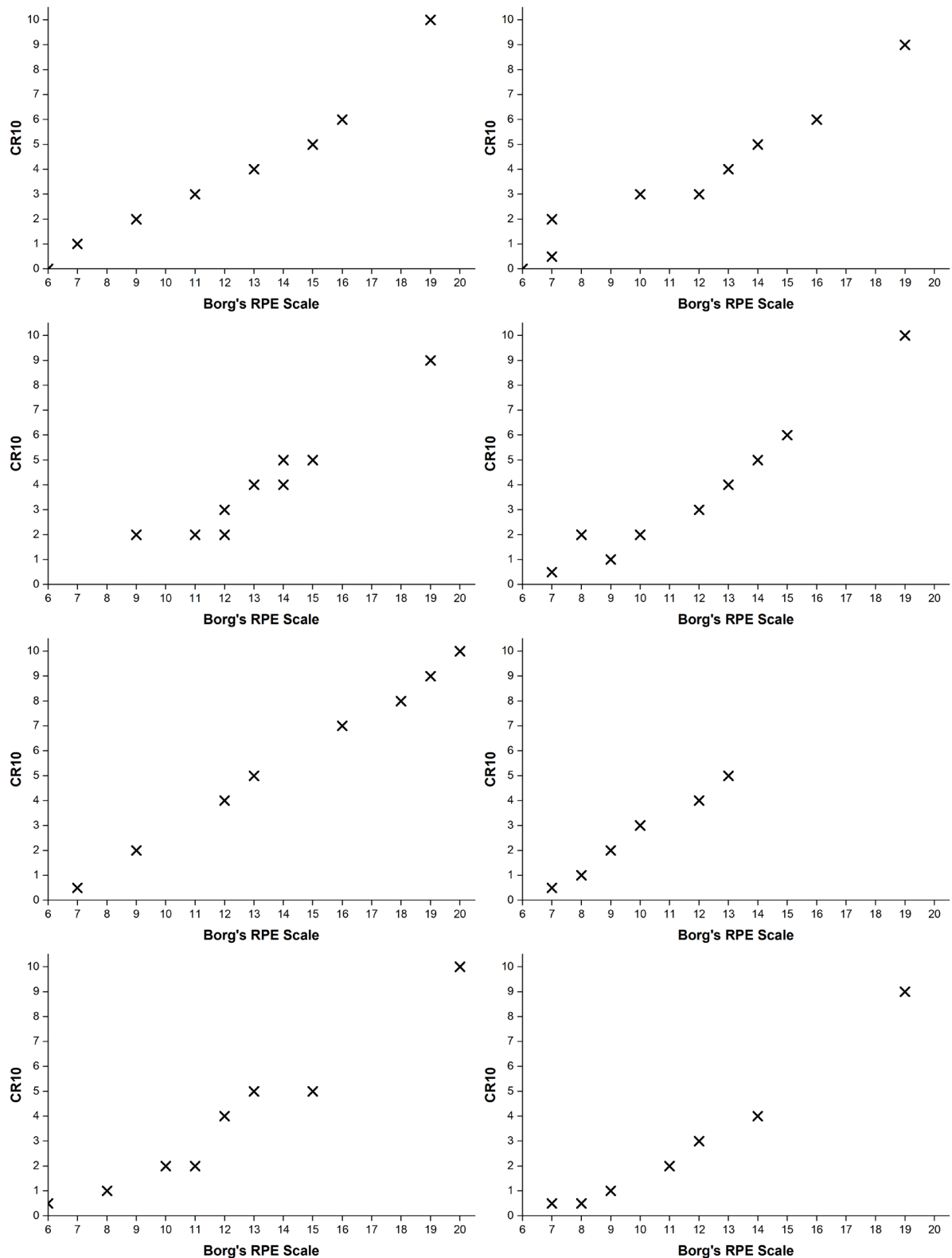
Hutchinson, Michael, Ingrid Kouwijzer, Sonja de Groot, and Vicky Goosey-Tolfrey. 2022. "Supplementary Information Files for Comparison of Two Borg Exertion Scales for Monitoring Exercise Intensity in Able-bodied Participants, and Those with Paraplegia and Tetraplegia". Loughborough University.
<https://doi.org/10.17028/rd.lboro.19732099.v1>.

Hutchinson MJ, Kouwijzer I, de Groot S, Goosey-Tolfrey VL, Comparison of two Borg exertion scales for monitoring exercise intensity in able-bodied participants, and those with paraplegia and tetraplegia, Spinal Cord, 2021.



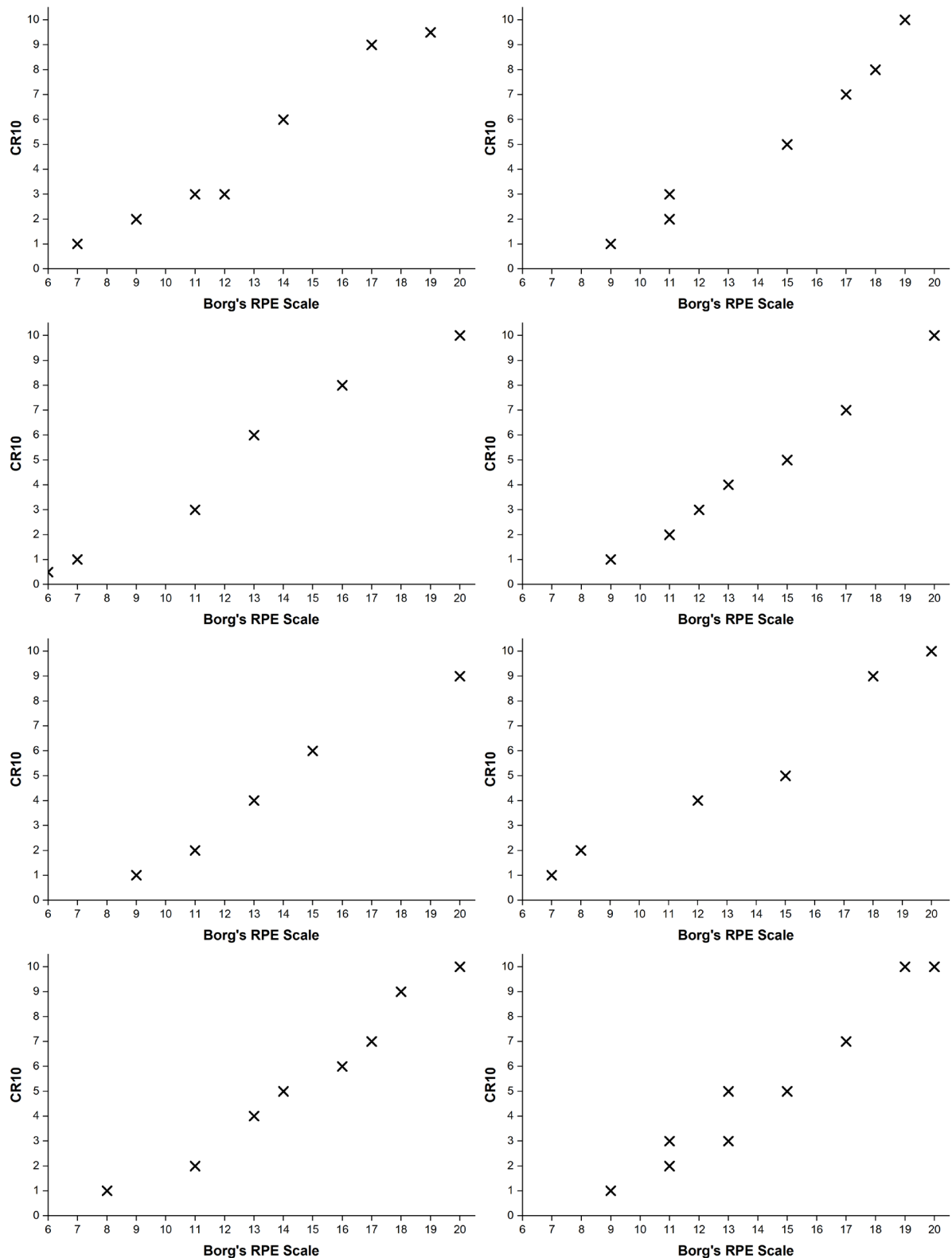
Supplementary Material 1: Raw data comparing RPE on Borg's RPE Scale (6-20) and CR10 (0-10) for individual participants in AB-CYC. Each separate figure represents an individual participant.

Hutchinson MJ, Kouwijzer I, de Groot S, Goosey-Tolfrey VL, Comparison of two Borg exertion scales for monitoring exercise intensity in able-bodied participants, and those with paraplegia and tetraplegia, Spinal Cord, 2021.



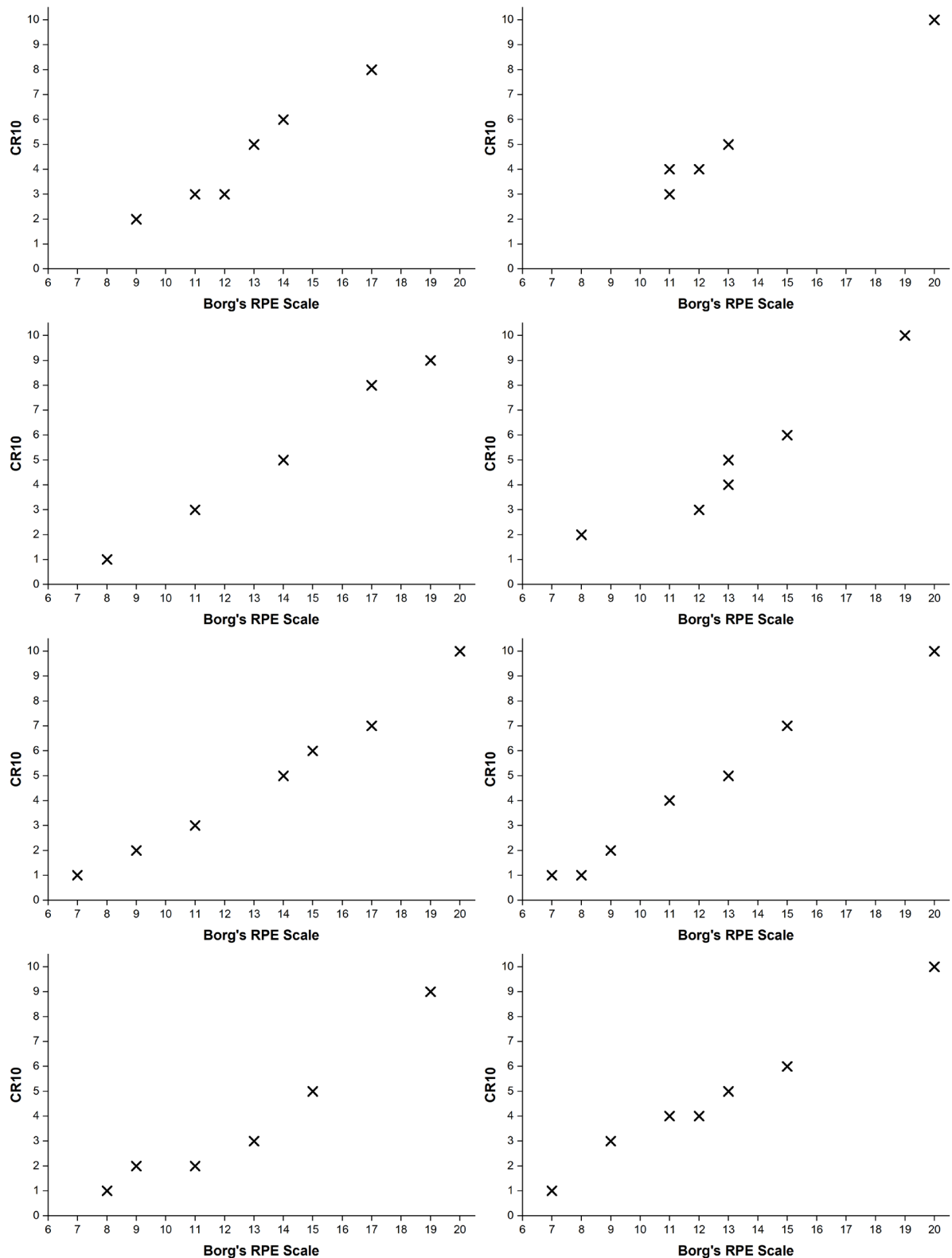
Supplementary Material 2: Raw data comparing RPE on Borg's RPE Scale (6-20) and CR10 (0-10) for individual participants in AB-HC. Each separate figure represents an individual participant.

Hutchinson MJ, Kouwijzer I, de Groot S, Goosey-Tolfrey VL, Comparison of two Borg exertion scales for monitoring exercise intensity in able-bodied participants, and those with paraplegia and tetraplegia, Spinal Cord, 2021.



Supplementary Material 3: Raw data comparing RPE on Borg's RPE Scale (6-20) and CR10 (0-10) for individual participants in PARA. Each separate figure represents an individual participant.

Hutchinson MJ, Kouwijzer I, de Groot S, Goosey-Tolfrey VL, Comparison of two Borg exertion scales for monitoring exercise intensity in able-bodied participants, and those with paraplegia and tetraplegia, Spinal Cord, 2021.



Supplementary Material 4: Raw data comparing RPE on Borg's RPE Scale (6-20) and CR10 (0-10) for individual participants in TETRA. Each separate figure represents an individual participant.